

ALLERGENICITY ASSESSMENT OF GENETICALLY MODIFIED FOODS

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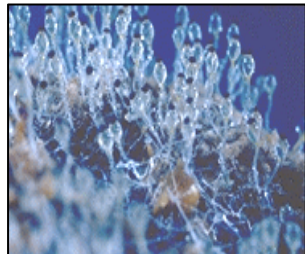
(EU-India S & T Cooperation Days)

Allergy

Allergy is a hypersensitivity reaction initiated by immunologic mechanisms caused by specific substances called allergens



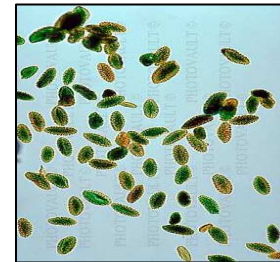
Foods



Fungi



Insects



Pollens



Dust mites



What is food allergy?

Food allergies are adverse reaction to a food or food component involving the body's immune system

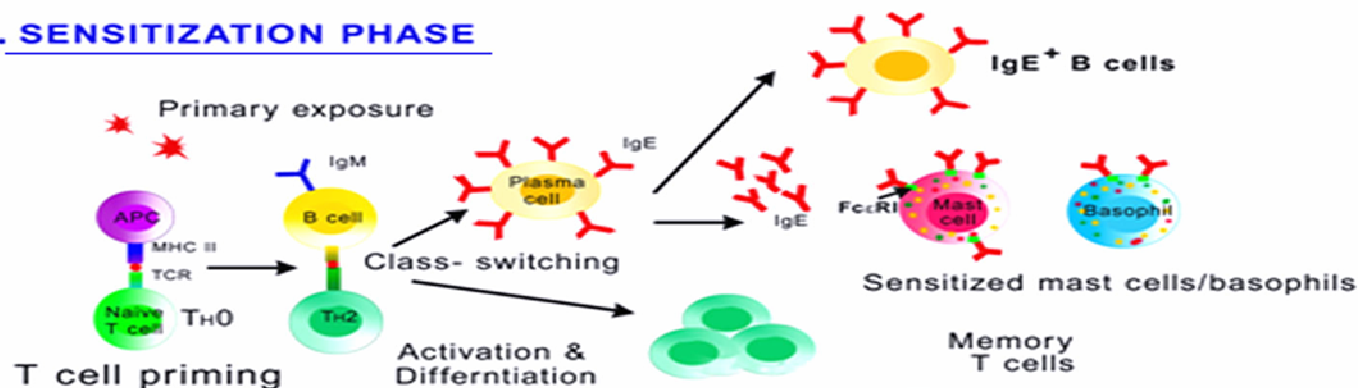
It involves two primary components:

- **Contact** with food **allergens**
- **Immunoglobulin E (IgE)**: an **antibody** in the immune system that reacts with **allergens** present on **mast cells** (tissue cells) or **basophils** (blood cells), which release **histamine** and other mediators causing allergic symptoms.

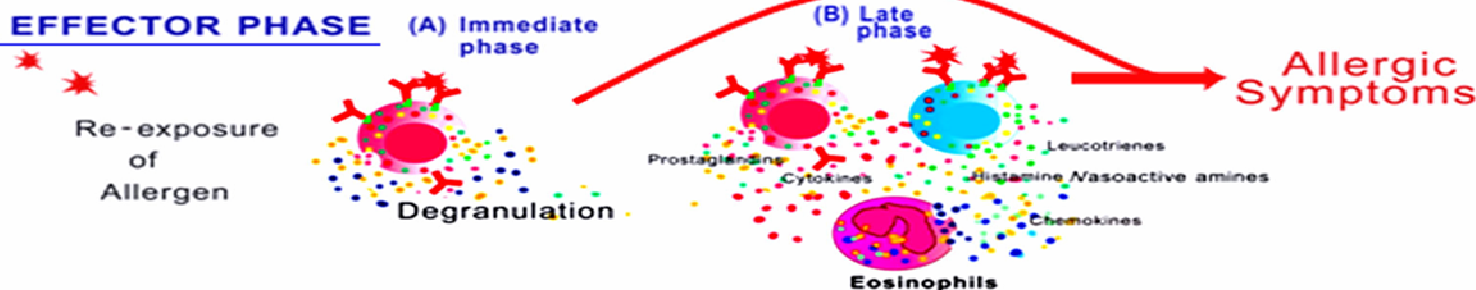
Phases of Allergic Reaction



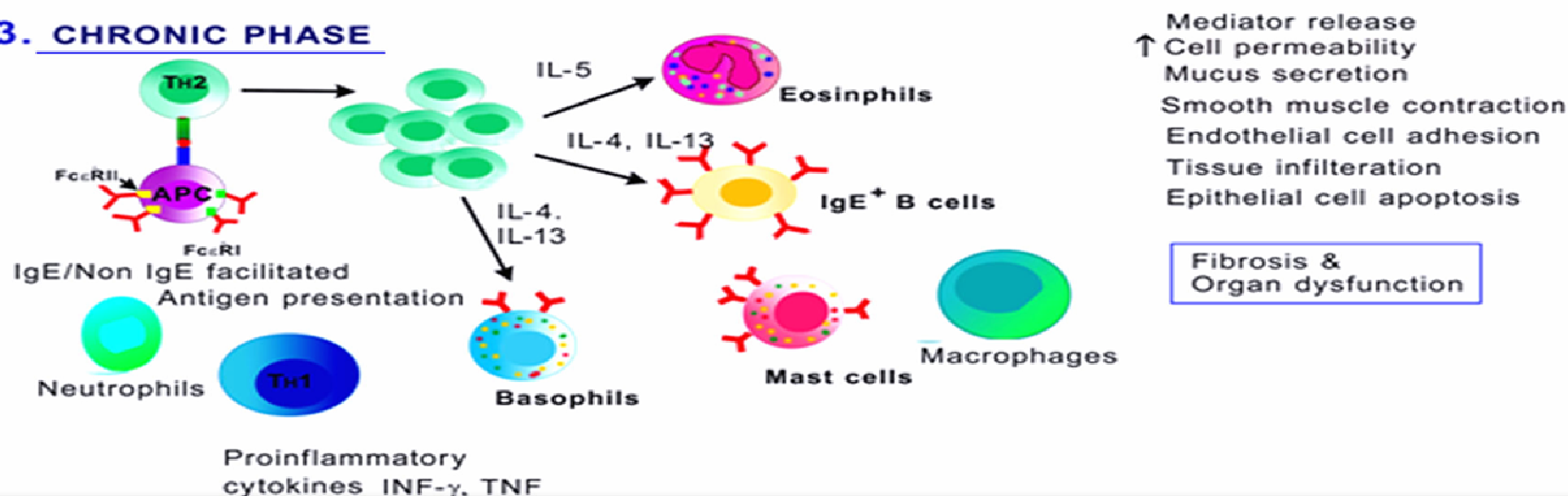
1. SENSITIZATION PHASE



2. EFFECTOR PHASE



3. CHRONIC PHASE



Food allergy: Epidemiology & Impact



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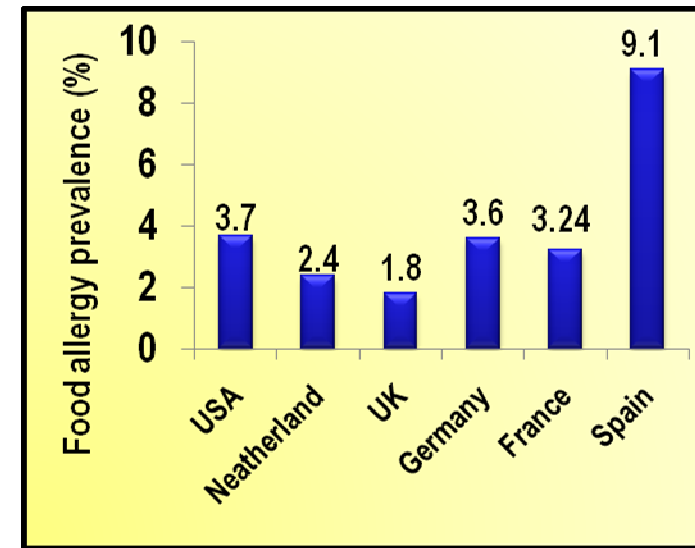
World wide prevalence:

Perception :2-65.5%

Actual rate: 6-8 % (infants)

3-4 % (adult)

Doubled within few years in some countries!!!!!!!



Impact



Clinical, Social & Economic Burden

29000 episodes of anaphylaxis- 120-150 death /year (U.S)

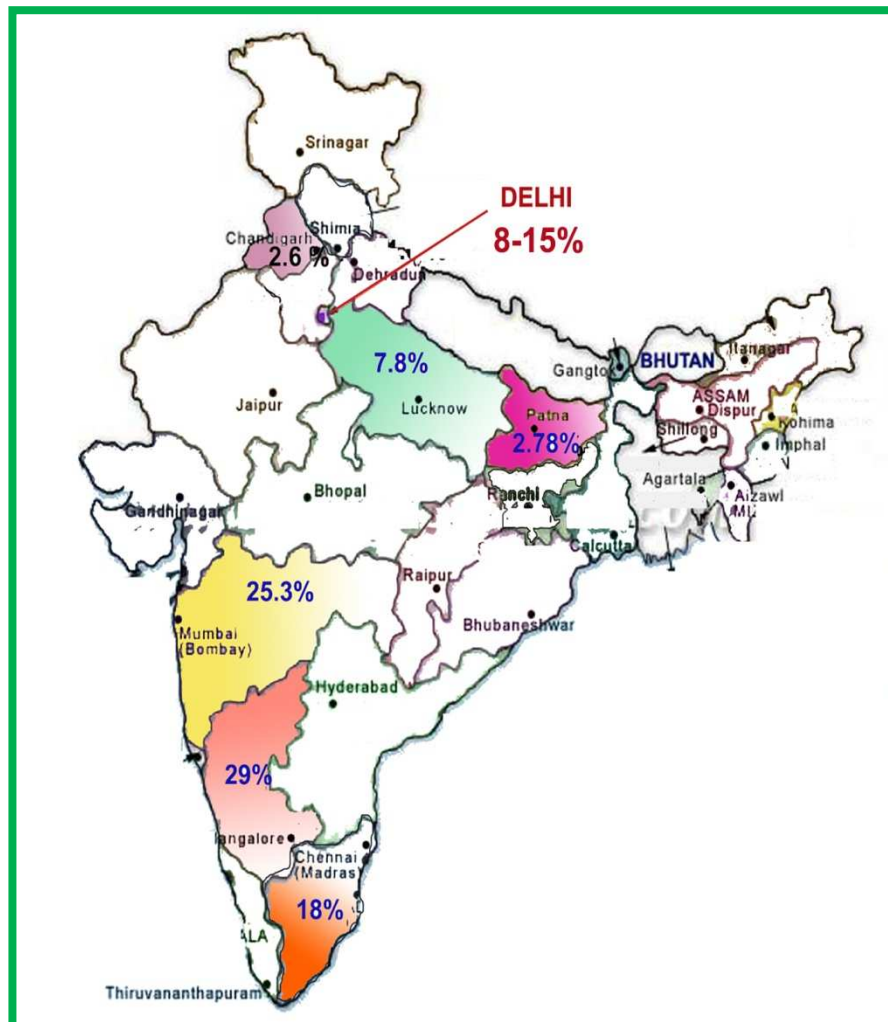
200 deaths /year (Europe)

↑ Prevalence of allergic diseases in Asian countries

Allergy in India



- 1/7th of the world population
- diverse culture and dietary habits
- Rising prevalence of allergic diseases



Food Allergy

- Some work done on inhalant allergens
- Food allergy attracted little attention

Preliminary studies:

- Common food allergens:
- Barley, Mustard, Pea & Corn: 30% (n=64 asthmatics)
- Egg, milk, cereals, **Legumes**
- **Rice, banana**, colocasia, radish and citrus fruits
- fish allergy
- Chickpea allergy: 2.7% (n=1400)

Food intolerance vs. allergy



A food intolerance is an adverse food-induced reaction that does not involve the immune system.

e.g. Lactose intolerance.

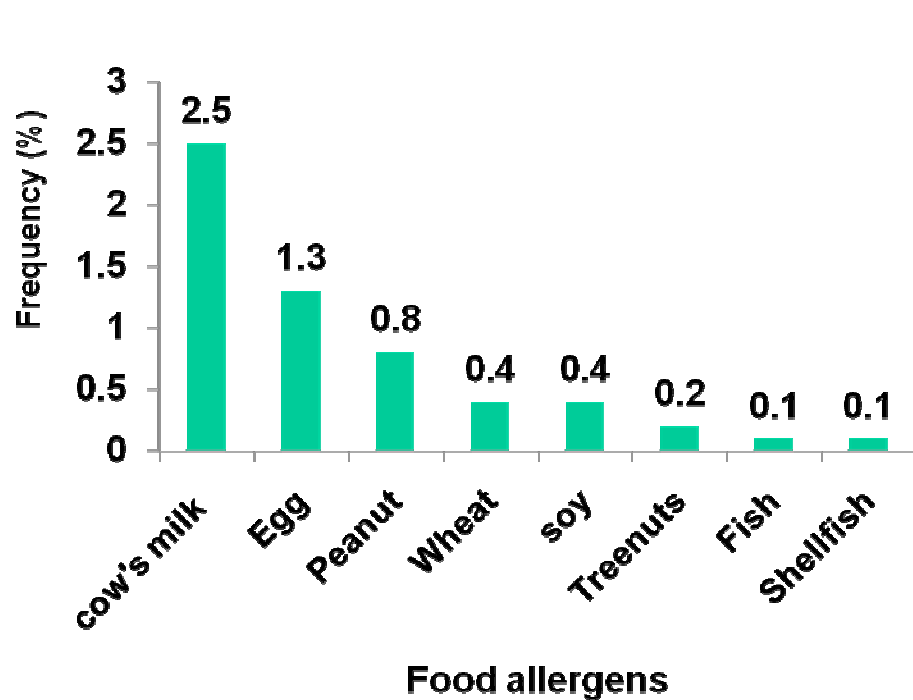
- Person lacks an enzyme needed to digest milk sugar.
- When eats milk products, symptoms such as gas, bloating, and abdominal pain may occur.

A food allergy occurs when the immune system reacts to a certain food.

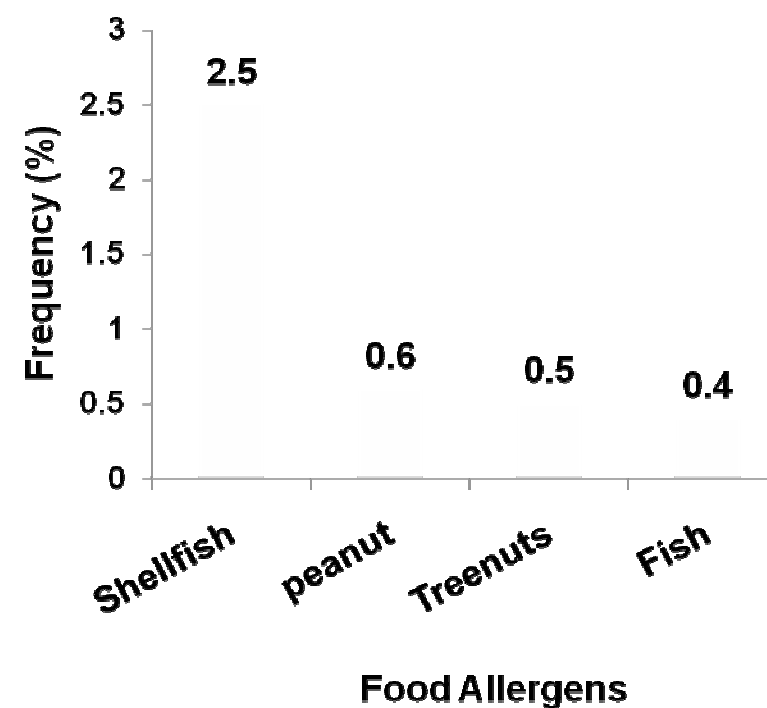
- The body synthesizes IgE antibodies to the food.
- On cross linking of these IgE antibodies, histamine and other chemicals (called mediators) cause hives, asthma, or symptoms of an allergic reaction.

**Food intolerance involves the body's metabolism
but not the immune system**

Common Food Allergens



In children



In adults



Food Allergens

(Based on sensitization)

Class 1 food allergens

(Complete allergens)

- Primary sensitizers
- Mainly affect young children
- Sensitization usually occur through the GI tract.
- Water-soluble glycoproteins of 10 to 70 kDa
- Stable to heat, acid and proteases
- Also termed as 'complete food allergens'.
- E.g. Milk, Egg , Peanut

Class 2 food allergens

(cross-reactive/ Incomplete/ Non-sensitizing Elicitors)

- Plant-derived proteins.
- Sensitization usually occurs in adults.
- Sensitive to heat and digestive enzymes
- Cannot cause per-oral sensitizations,
- Provoke allergic reactions in sensitized patients.
- Often called 'incomplete food allergens' or non-sensitizing elicitors.
- Major culprits of adult onset of food allergy.



Proteases

Papain like cysteine proteases
Subtilin like serine proteases

Prolamins

Cereal prolamins
2S albumins
Nonspecific lipid
transfer proteins
 α -amylase and
protease inhibitors

Pathogenesis related proteins

PR-1:
PR-2: Endo β 1,3 glucanase
PR-3: class I chitinases
PR-4: Win like proteins
PR-5 : Thaumatin-like proteins
(TLPs)
PR-9: lignin-forming peroxidases
PR-10: Bet v1 homologues
PR-14: lipid transfer proteins



Cupins

Vicilins (7SSeed storage pr.)
Legumins (11SSeed storage pr.)

Protease inhibitors

Kunitz type protease inhibitors
Cereal α - amylase/protease inhibitor

Common food allergens: world-wide

- Legumes (Peanuts and Soybeans)
- Milk
- Eggs
- Fish (cod, salmon, haddock, etc)
- Crustacea (shrimp, crawfish, lobster, etc.)
- Wheat
- Tree nuts (almonds, walnuts, Brazil nuts, etc)
- Mollusks (snails, mussels, oysters, scallops, clams, squid)
- Selected food additives



Common food allergens in Indian Population

Top 10 allergic foods from a survey of 2000 patients



Rice
Blackgram
Lentil
Citrus fruits
Pea
Maize
Banana
Lima bean
Peanut
Fish

Cross-Reactions: Food and pollens

- **Ragweed-** Watermelon, cantaloupe, honeydew, bananas
- **Mugwort-** Celery
- **Birch pollen-** Carrots, apples, hazelnuts, potatoes
- **Banana –** Latex

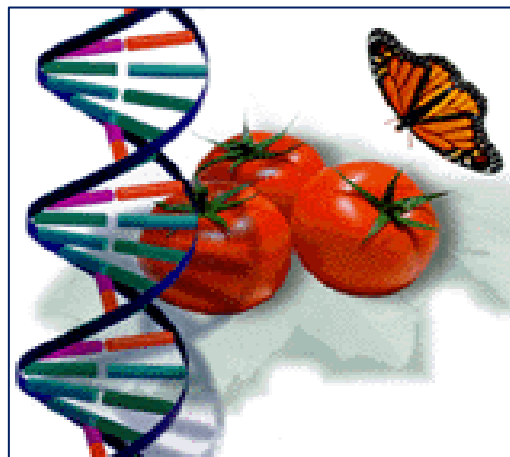
National prevalence of allergic diseases

- Allergic Rhinitis 20%
- Allergic Asthma 15%
- Atopic Dermatitis 5%
- Insect Allergy 2%
- Food Allergy 2%

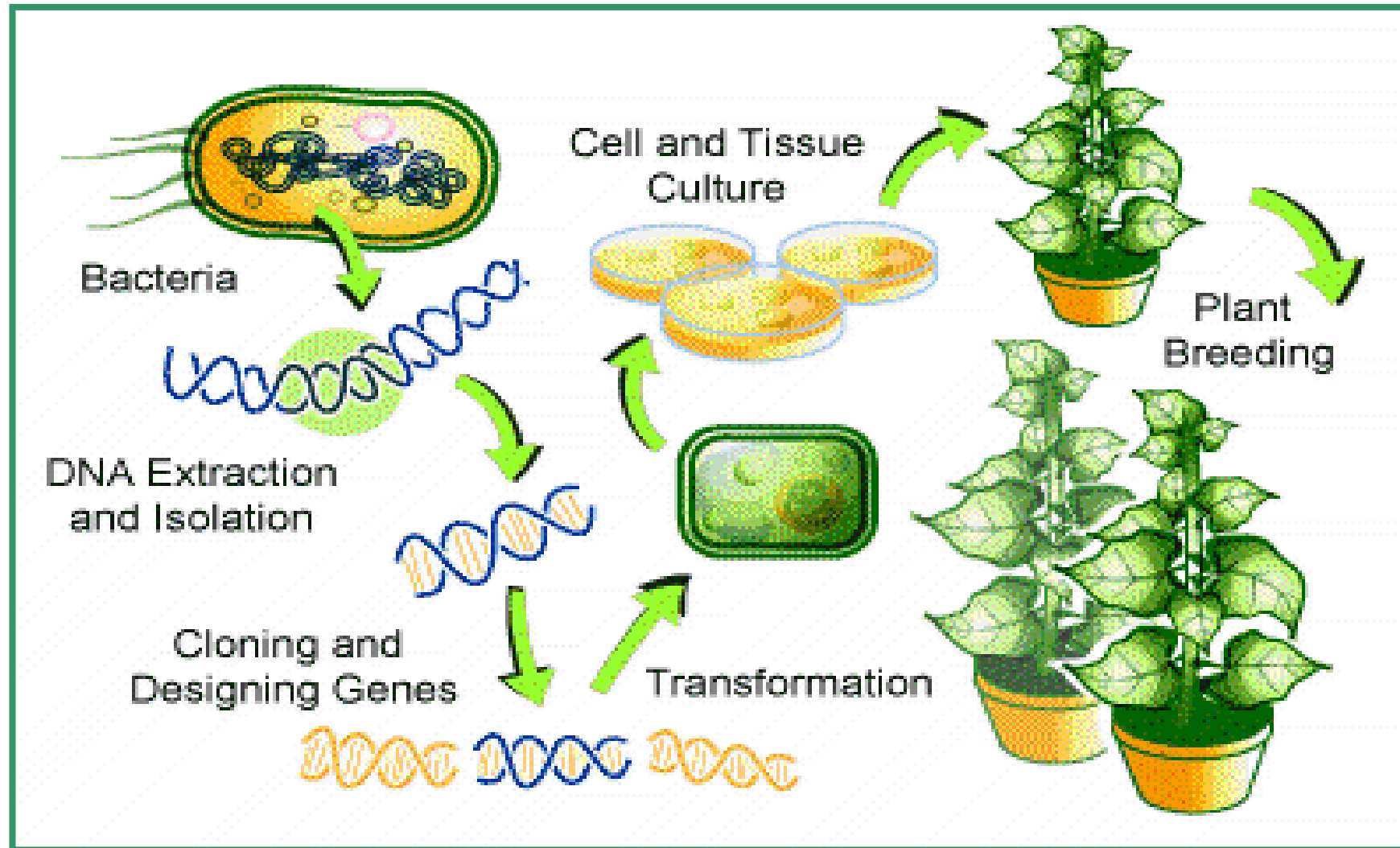


What are GM Foods ?

Plants in which genetic structure is manipulated by inserting a foreign gene from another biological organism or synthesized in lab to improve crops characteristics.



Overview of how transgenic crops are created





Associated Benefits of GM food crops

Human health Benefits:

- **Nutritionally improved foods**
- **More food security**
- **Plant-produced vaccines**

Ecological Benefits:

- **Reduced need for agro-chemicals**
- **Soil conservation / improved soil quality**
- **More efficient production (less land needed for food)**

Economic Benefits:

- **Welfare of Human health and Ecological benefits.**
- **Benefits of trade, to sellers and consumers**



Associated Risks of GM food crops

Human health risks:

➤ Allergy / Toxicity

- Changes in nutritional composition
- Cumulative effects on many new foods

Ecological Risks:

- Gene Flow
- Effects on non-target species
- Effects on ecological balances

Economic Risks:

- Costs of health
- Ecological damage
- Major economic displacements
- Loss of business (consumer choice)

Transgenic crops under development and field trials in India

Crop	Organisation	Gene
Brinjal	IARI, New Delhi MAHYCO, Mumbai	<i>cry1Ab</i> <i>cry1Ac</i>
Cauliflower	MAHYCO, Mumbai Sungrow Seeds Ltd., New Delhi	<i>cry1Ac</i> <i>cry1Ac</i>
Cabbage	Sungrow Seeds Ltd., New Delhi	<i>cry1Ac</i>
Chickpea	ICRISAT, Hyderabad	<i>cry1Ac</i> , <i>cry1Ab</i>
Groundnut	ICRISAT, Hyderabad	IPCVcp, IPCV replicase
Maize	Monsanto, Mumbai	CP4 EPSPS
<u>Mustard</u>	<u>IARI, New Delhi</u> NRCWS, Jabalpur TERI, New Delhi <u>UDSC, New Delhi</u>	<u>Cod A, Osmotin</u> Bar, barnase, barstar Ssu-maize Psy, Ssu-tp CrtI Bar, barnase, barstar
Okra	MAHYCO, Mumbai	<i>cry1Ac</i>
Pigeonpea	ICRISAT, Hyderabad MAHYCO, Mumbai	<i>cry1Ab+SBTI</i> <i>cry1Ac</i>
Potato	CPRI, Simla NCPGR, New Delhi	<i>cry1Ab</i> Ama-1
Rice	Directorate of Rice Research, Hyderabad Osmania University, Hyderabad IARI, New Delhi MAHYCO, Mumbai MKU, Madurai MSSRF, Madurai TNAU, Coimbatore	<i>Bacterial blight resistant</i> , <i>Xa-21</i> , <i>cry1Ab</i> , <i>gna gene</i> , <i>sheath blight resistant</i> <i>gna</i> <i>Bt</i> , chitinase, <i>cry1Ac</i> and <i>cry1B-cry1Aa</i> <i>Cry1Ac</i> <i>Chitinase</i> , <i>B-1,3-glucanase</i> , <i>osmotin</i> <i>Genes from mangrove species</i> , <i>chitinaqse</i>
Sorghum	MAHYCO, Mumbai	<i>cry1Ac</i>
Tomato	MAHYCO, Mumbai NCPGR, New Delhi	<i>cry1Ac</i> OXPC

•Source: Department of Biotechnology Government of India

Global adoption of biotech crops in 2007: by Country

Rank	Country	Biotech Crops
1	USA	Soybean, maize, cotton, canola, squash, papaya, alfalfa
2	Argentina	Soybean, maize, cotton
3	Brazil	Soybean, cotton
4	Canada	Canola, maize, soybean
5	India	Cotton
6	China	Cotton, tomato, poplar, petunia, papaya, sweet pepper
7	Paraguay	Soybean
8	South Africa	Maize, soybean, cotton
9	Uruguay	Soybean, maize
10	Philippines	Maize
11	Australia	Cotton
12	Spain	Maize
13	Mexico	Cotton, soybean
14	Colombia	Cotton, carnation
15	Chile	Maize, soybean, canola
16	France	Maize
17	Honduras	Maize
18	Czech Republic	Maize
19	Portugal	Maize
20	Germany	Maize
21	Slovakia	Maize
22	Romania	Maize
23	Poland	Maize

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Source: Clive James,
2007

International Guidelines for GM food Safety Assessment

➤ **WHO/FAO Decision tree for allergenicity assessment**

1997 First report for allergenicity assessment

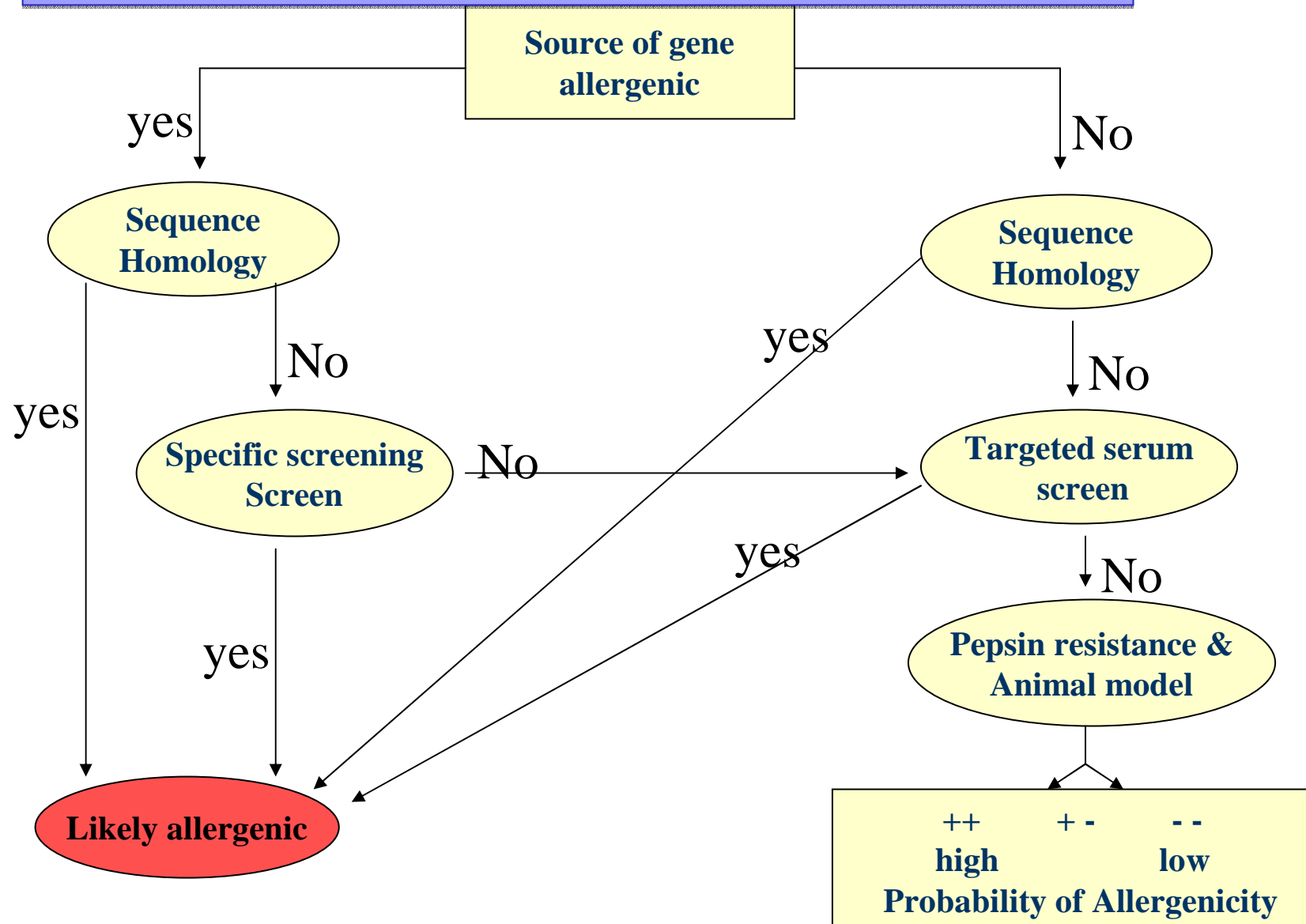
2001 Addition of animal model studies

➤ **Codex guidelines** **2001/2003**

**Safety assessment by substantial equivalence
between GM and Native crop.**

Allergenicity assessment of GM foods

FAO/WHO Guidelines 2001



Substantial Equivalence – CODEX 2003

PHENOTYPE

Morphology

Agronomic

disease resistance

drought resistance

yields

Organoleptic

COMPOSITION

Macronutrients

AA composition

FA composition

Anti-nutrients

Toxic substances

Allergens

Specific constituents

SAFETY ASSESSMENT

Toxicity

Allergenic potential

Nutritional

FEED EQUIVALENCE

Performance

Indian guidelines for allergenicity assessment of GM foods (Recommended by ICMR/DBT)

Assessment of Possible Allergenicity (Proteins)

- Indicate if the donor organism(s) is a known source of allergens (defined as those organisms for which reasonable evidence of IgE mediated oral, respiratory or contact allergy is available).
- Amino acid sequence homology comparison of the newly expressed protein and known allergens.
- Demonstrate the susceptibility of each newly expressed protein to pepsin digestion.
- Where a host other than the transgenic plant is used to produce sufficient quantities of the newly expressed protein for toxicological analyses, demonstrate the structural, functional and biochemical equivalence of the non-plant expressed protein with the plant expressed protein.
- For those proteins that originate from a source known to be allergenic, or have sequence homology with a known allergen, testing in immunological assays is to be performed where sera are available.

Genetically Modified Mustard

Plant : *Brassica juncea**

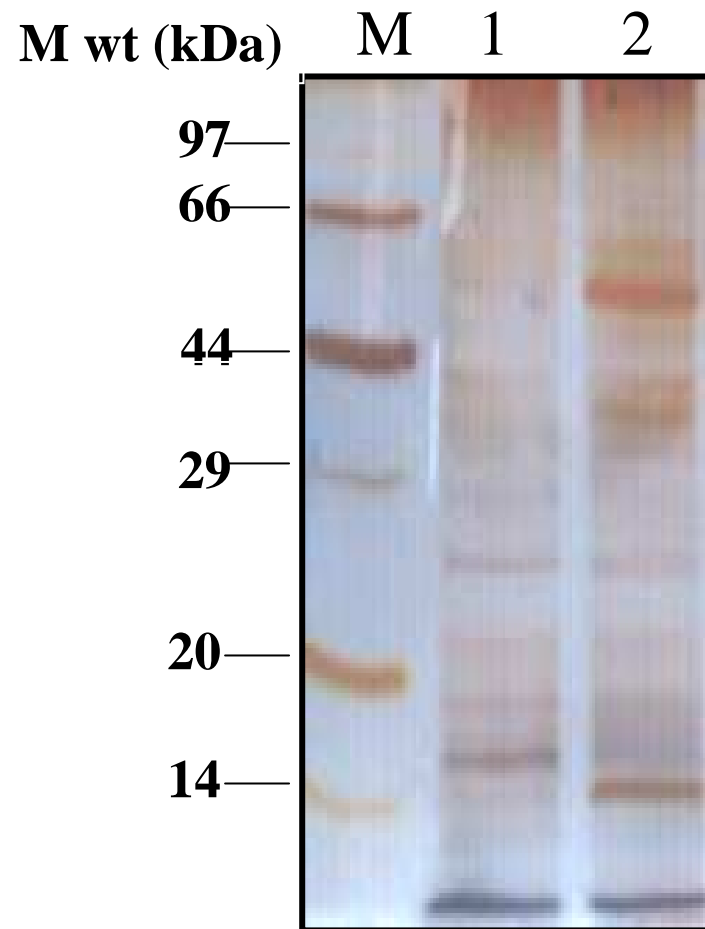
Gene introduced: *codA* gene from *Arthrobacter globiformis*

Protein expressed: Choline Oxidase

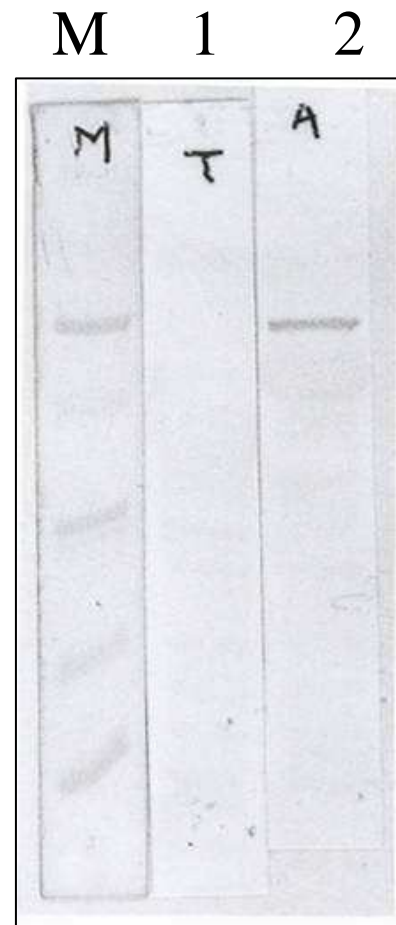
Mol wt.: ~60 kDa

Function: Choline oxidase provides resistance to plants against abiotic stresses such as high salinity, frost, etc.

Prasad et al., 2001



**SDS-PAGE showing
Silver stained bands**



**Lane 1: Native
Mustard (Leaf)**

**Lane 2: GM
Mustard (Leaf)**

**Western blot with antibodies
raised in rabbit against
choline oxidase**

Computational Analysis for allergenicity

Sequence similarity with known Allergens

Homology studies

Structural database of allergenic proteins (SDAP):

>35% similarity to known allergens.

Food Allergy Research and Resource Program (Farrp):

E-Value < 0.02

Swissprot database: To study cross-reactive epitopes

Identical six aa stretch

Bioinformatic studies with Choline oxidase



% aa identity with allergens using SDAP database

<u>Allergen</u>	<u>Accession No.</u>	<u>% identity</u>
Cand a 1	P43067	7.69 (42/546)
Cry j 1	BAA05543	6.96 (38/546)

Sequence homology using Farrp database

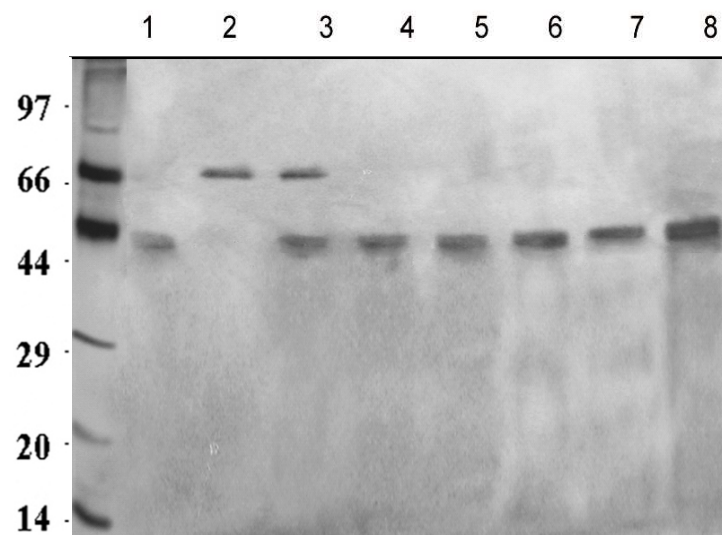
<u>Allergen</u>	<u>Accession No.</u>	<u>E- value</u>
Glycinin, Soyabean	AAA33964	0.49
Tri r 2, <i>T. rubrum</i>	AAD52013	1.4

Identical 6 aa match using Swissprot database

<u>Allergen</u>	<u>Accession No.</u>	<u>Species</u>	<u>Amino acid Match</u>
Hev b 6	P02877	<i>Hevea brasiliensis</i>	VGGGSA

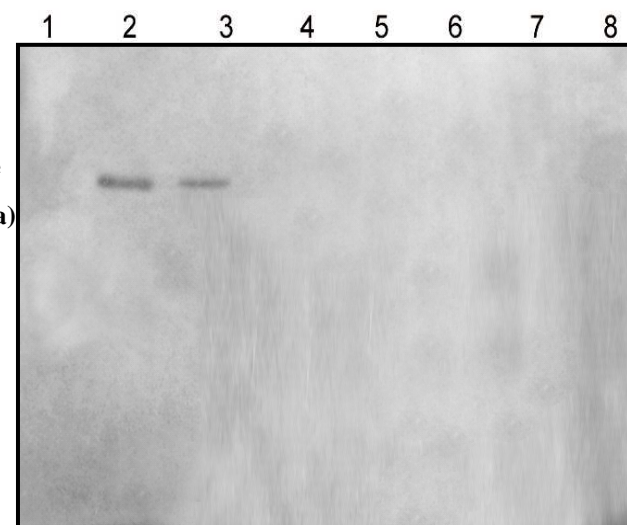
Digestibility Studies

Choline oxidase degradation by Simulated Gastric Fluid (pepsin)



SDS-PAGE

Choline Oxidase
Pepsin (43.5 kDa)



Choline Oxidase
(60kDa)

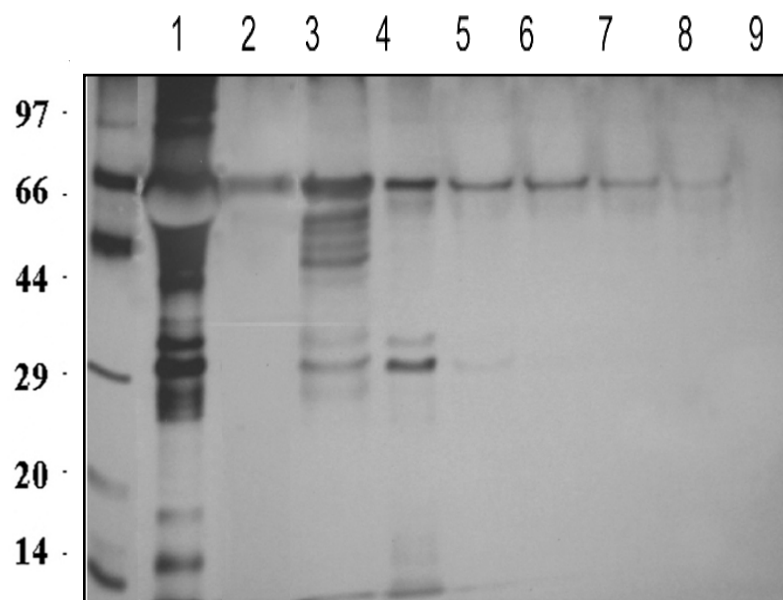
**Western blot with choline oxidase
antibodies**

Lane 1 : Pepsin

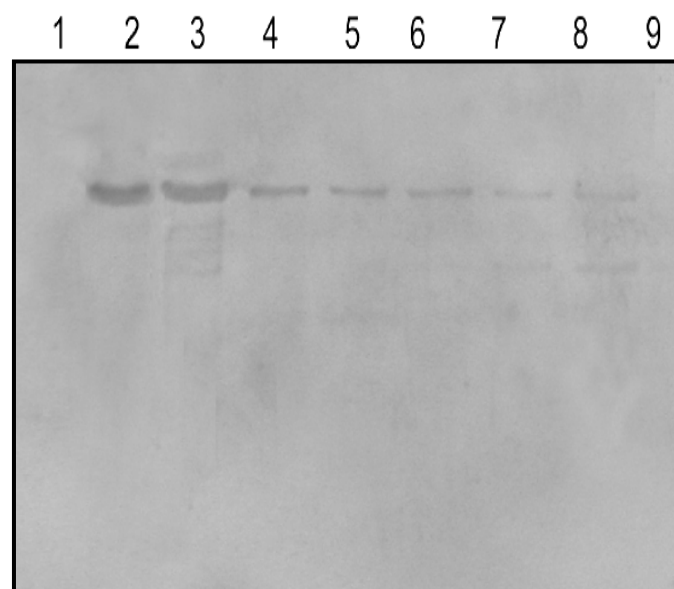
2 : Choline oxidase pure

3-8 : Choline oxidase + SGF for 0, 5, 30, 60, 120 and 300 sec.

Choline oxidase degradation by Simulated Intestinal Fluid (pancreatin)



SDS-PAGE



**Choline Oxidase
(60kDa)**

**Western blot with choline oxidase
antibodies**

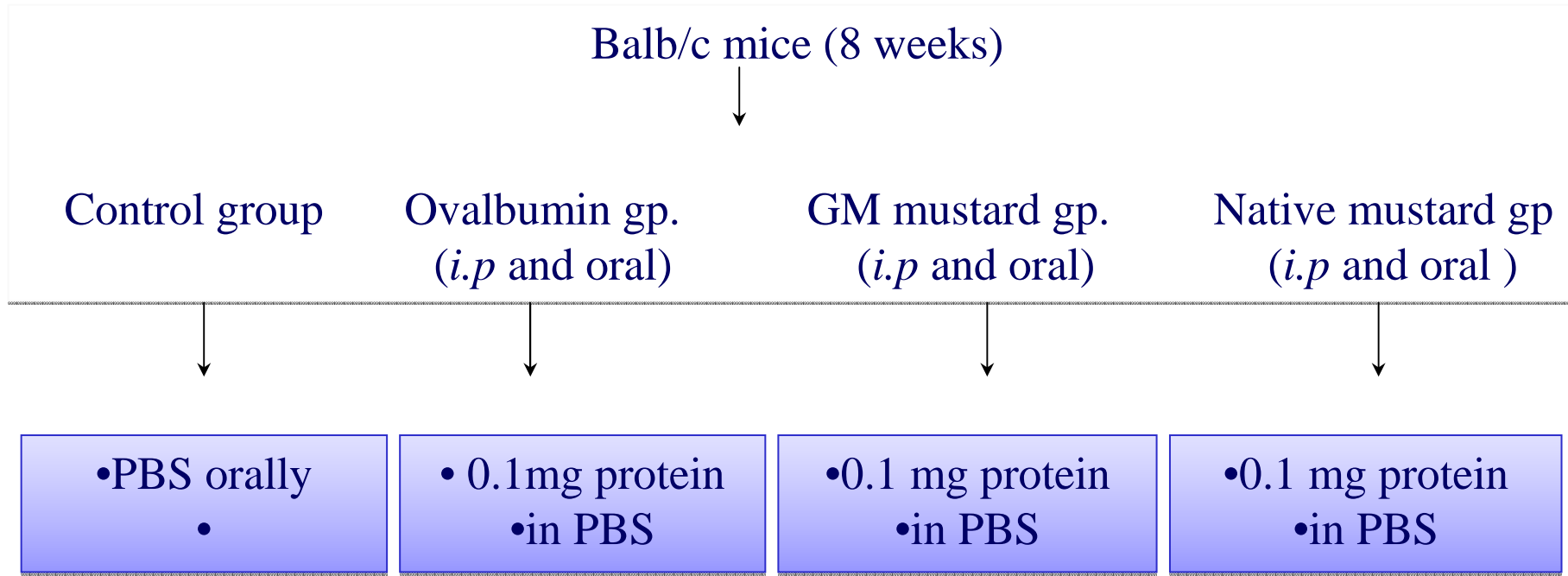
Lane 1 : Pancreatin

2 : Choline oxidase pure

3-8 : Choline oxidase + Pancreatin for 0, 0.5, 1, 2, 4, 6 and 8 hr.

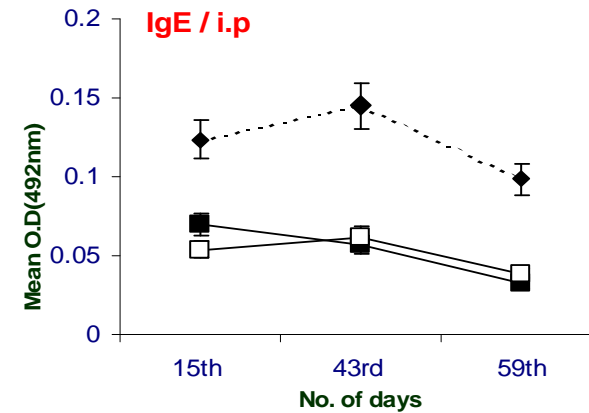
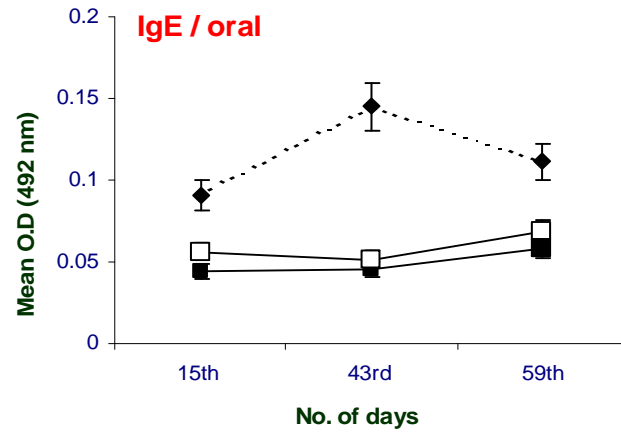
Animal Model Studies

DEVELOPMENT OF ANIMAL MODEL

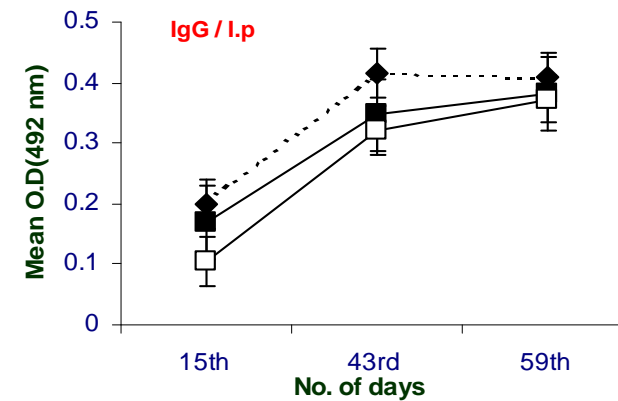
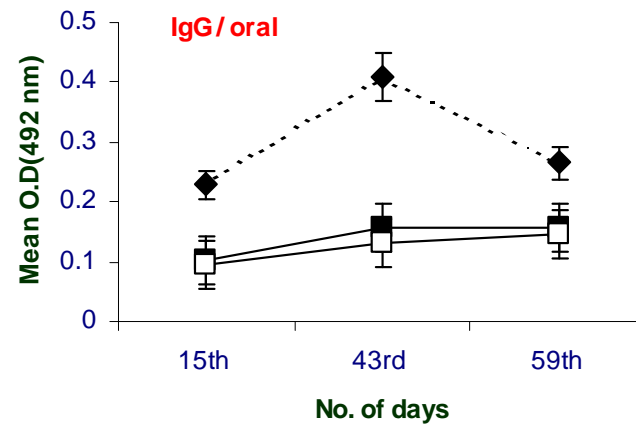


***i.p.* dosage:** 0.1 mg protein on each 7th day for 6 weeks
oral dosage: 0.1 mg protein daily for 6 weeks

- Blood taken on day 15, 43 and 59 for estimating specific IgE and IgG antibodies.
- After sensitization mice were challenged with antigen.



•IgE



•IgG

Sensitized mice challenged with the respective proteins

Mice No./dose Groups		Ovalbumin		Native Mustard		GM mustard	
		Oral	i.p.	Oral	i.p.	Oral	i.p.
1.	12 mg	1,2,4	1,2,3	0	0	0	0
2.	12 mg	1,2,3,4	1,2,4	0	0	1	0
3.	6 mg	1,3,	2,3	0	1	0	0
4.	6 mg	1,2,3,4	1,2,4	0	1	0	1
5	3 mg	1,2,3	1,3	-	-	-	-
6.	3 mg	1,3	1,2,3,4	-	-	-	-

Control group challenged with 12 mg protein shows no symptom score.

Symptoms score Card

0 : No Symptoms

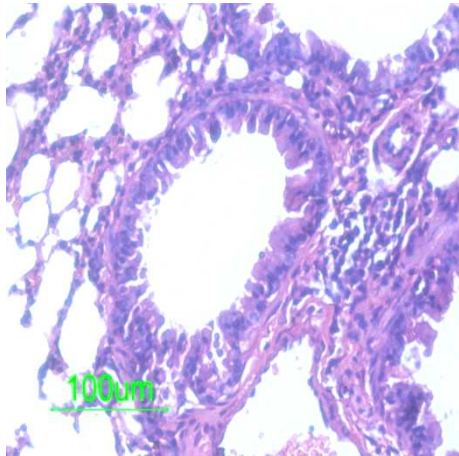
1 : Scratching and rubbing around nose, head & ear

2 : Labored respiration, heart beat fast and cyanosis around mouth and tail.

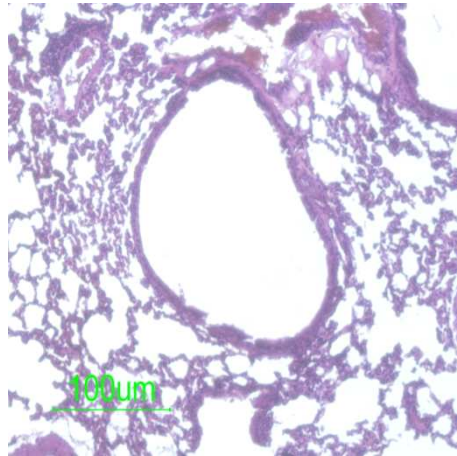
3 : Tremor and convulsions

4 : Death

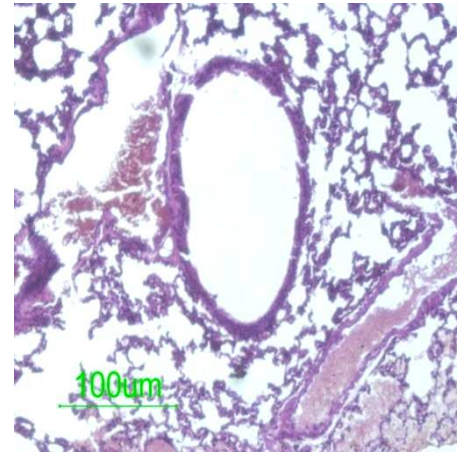
Histological analysis of mice lungs after challenging with presensitized protein



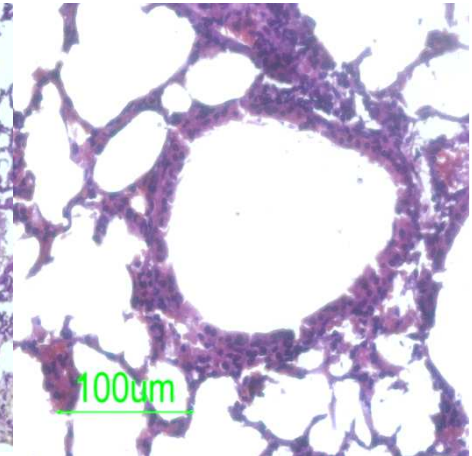
Ovalbumin oral



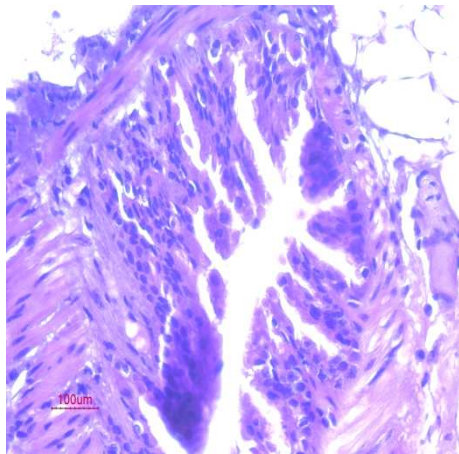
Native oral



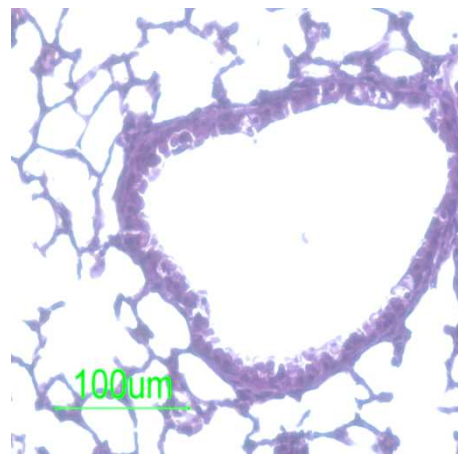
Native I.p.



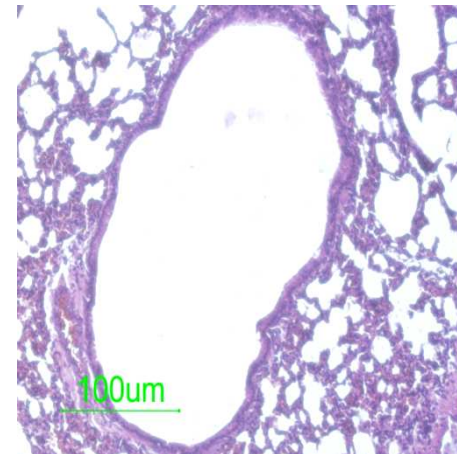
Control



Ovalbumin i.p



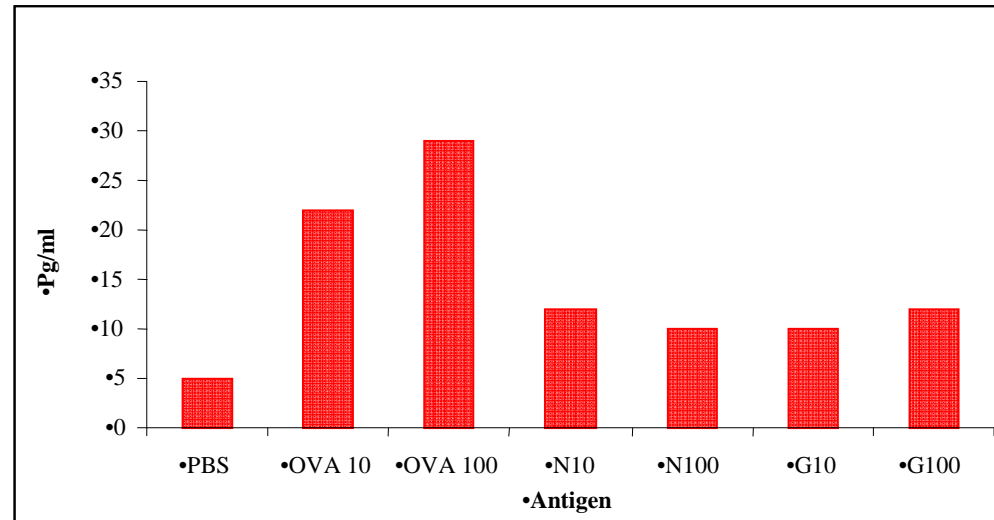
GM oral



GM i.p.

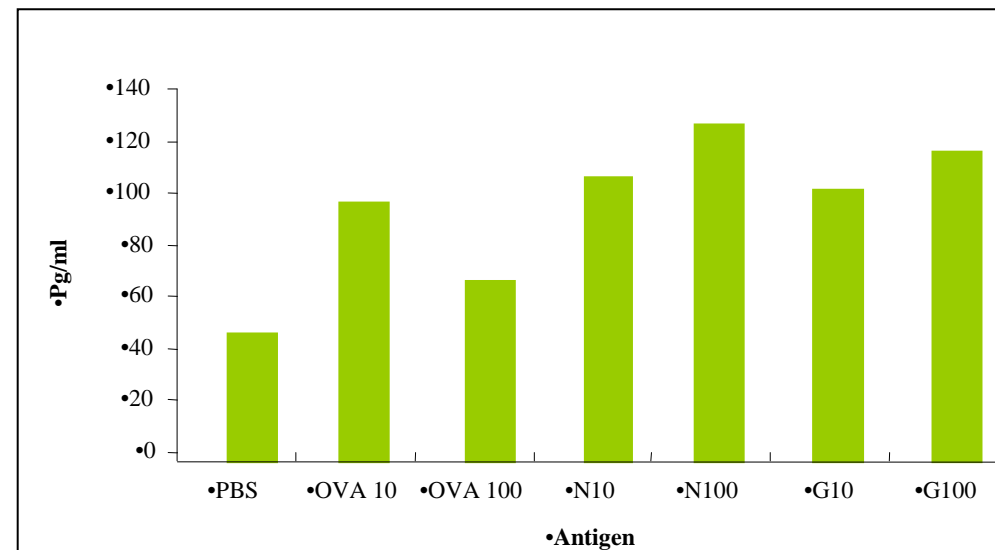
Singh et al., Allergy 61:491-497, 2006

Cytokines analysis for Th1/Th2 response



•OVA = ovalbumin,
 •N = Native mustard,
 •G = GM mustard

•IL-4 analysis of OVA,GM and native proteins sensitized mice

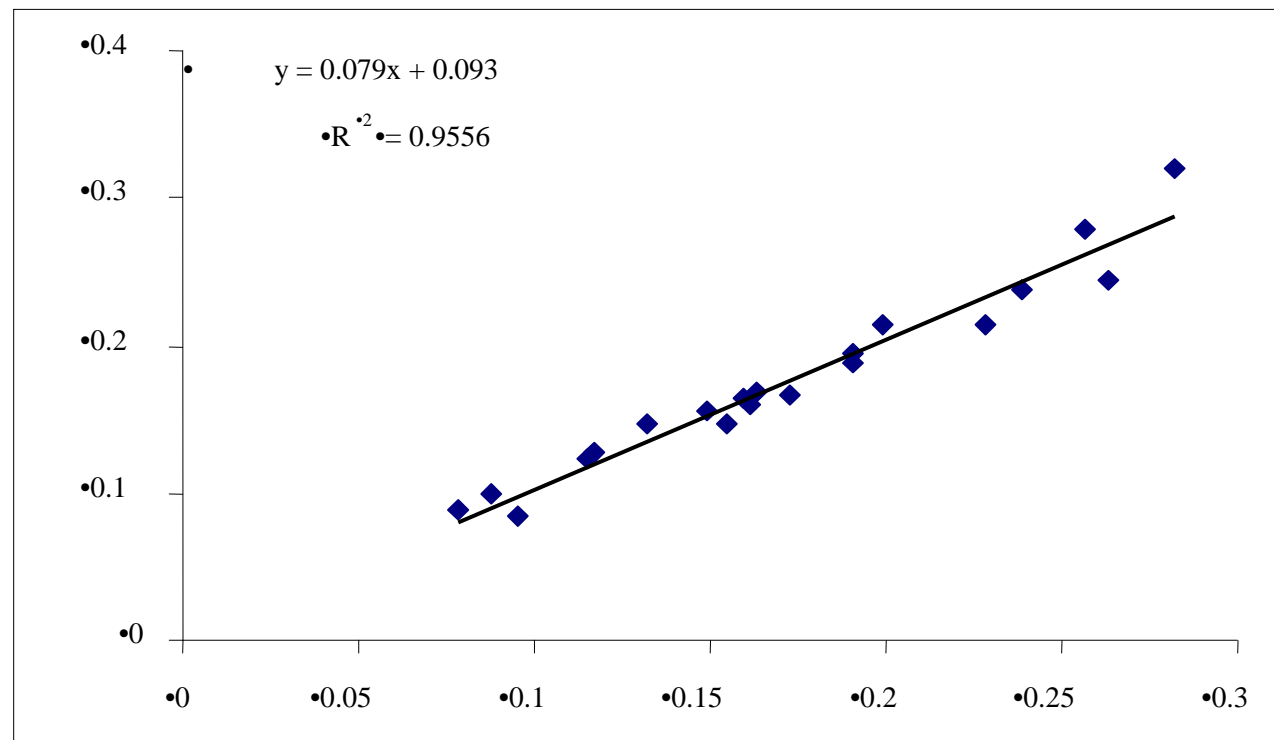


•OVA = ovalbumin,
 •N = Native mustard,
 •G = GM mustard

•IFN-γ analysis of OVA,GM and native proteins sensitized mice.

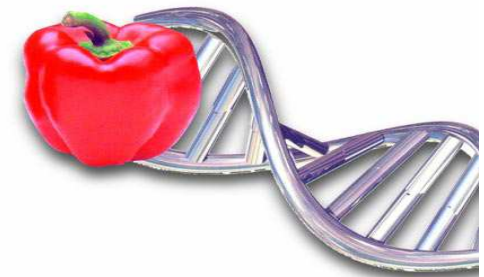
Specific sera screening

- **Correlation between IgE binding of GM and Native mustard proteins in hypersensitive patient's sera**



Summary

- **GM mustard expressing choline oxidase have similar reactivity to that of native mustard.**
- **The protocols developed for comparative proteomics analysis can be used to study other GM crops.**
- **Animal model developed can be used for allergenicity assessment of other GM crops.**



OSMOTIN



- **Basic ~25-kDa protein (246 amino acids) belonging to the PR-5 family.**

By interaction with G proteins, it permeabilizes fungal cell wall and induces spore lysis, thus protecting the plant from such pathogens

Implicated in tolerance against abiotic stresses.

Induced in tobacco leaves, stems and roots by drought, high salt

Enhanced tolerance to infection by *Phytophthora infestans*

Osmotin gene from *Nicotiana tabacum* (common tobacco) was thus introduced in tomato/mustard

Allergenicity Assessment of

Osmotin

using bioinformatics

Sequence homology using Farrp allergen database

Allergen	Accession No.	% similarity
<i>Actinidia deliciosa</i> (kiwifruit)	CAI38795	84.375
<i>Cryptomeria japonica</i> (Japanese cedar)	BAF51970	74.766
<i>Jun a 3</i>	AAF31759	72.174
<i>Jun r 3</i>	AAR21072	75.120
<i>Cup s 3</i>	AAR21074	74.641
<i>Malus x domestica</i>	AAX19848	63.306
<i>Mal d 2(apple)</i>	Q9FSG7	63.710
<i>Act c 2</i>	P83958	89.474
<i>Olea europaea</i>	AAK58515	52.577
<i>Act d 5</i>	P84527	45.763
<i>Dermatophagoides</i> <i>pteronyssinus</i>	CAD38366	45.918

•11 allergens have 35%or more homology with osmotin protein

Amino acid identity with allergens using SDAP database

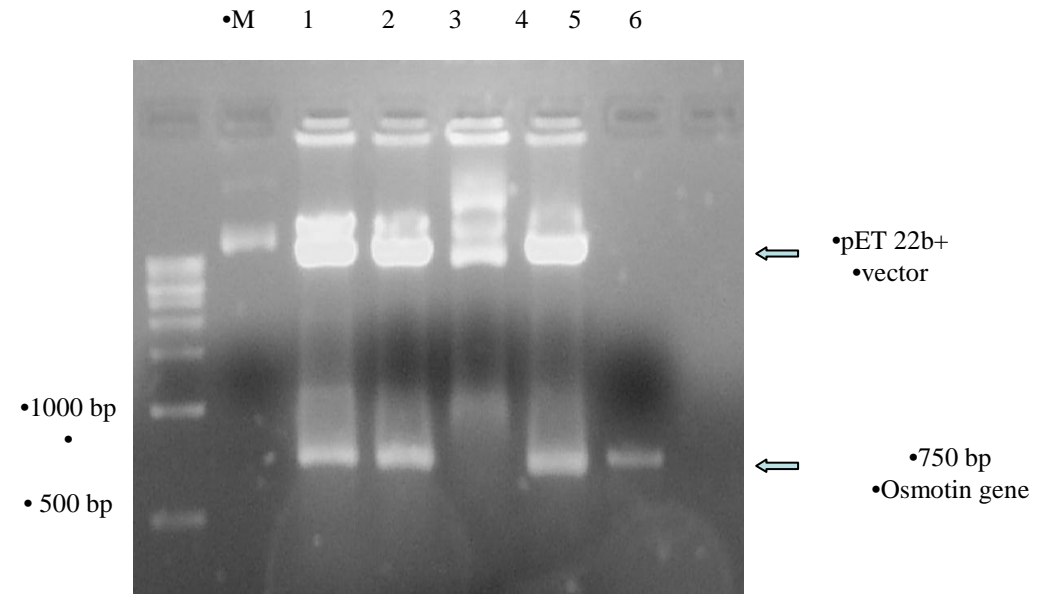
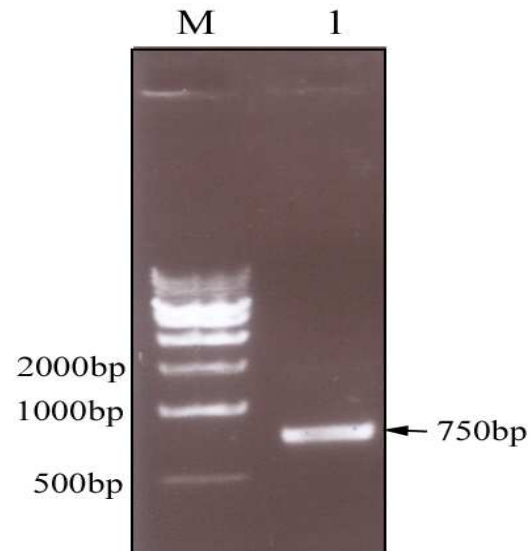
<u>Allergen</u>	<u>Accession No.</u>	<u>% identity</u>
<i>Lyc e NP24(tomato)</i>	P12670	89.80(220/245)
<i>Cap a 1w(bell pepper)</i>	CAC34055	86.53(212/245)
<i>Cap a1(bell pepper)</i>	AAG34078	57.96(142/245)
<i>Jun a3(mountain cedar)</i>	P81295	46.53(114/245)
<i>Cup a 3(cyprus)</i>	CAC05258	42.45(104/245)
<i>Pru av 2(sweet cherry)</i>	P50694	39.59(97/245)
<i>Mal d 2(apple)</i>	CAC10270	39.18(96/245)
<i>Act c 2(kiwi)</i>	P81370	8.57(21/245)

7 allergens showed 35% or more homology with osmotin protein

Summary

- **Osmotin protein has homology with certain allergens.**
- **Hence, studies are required to confirm this observation.**

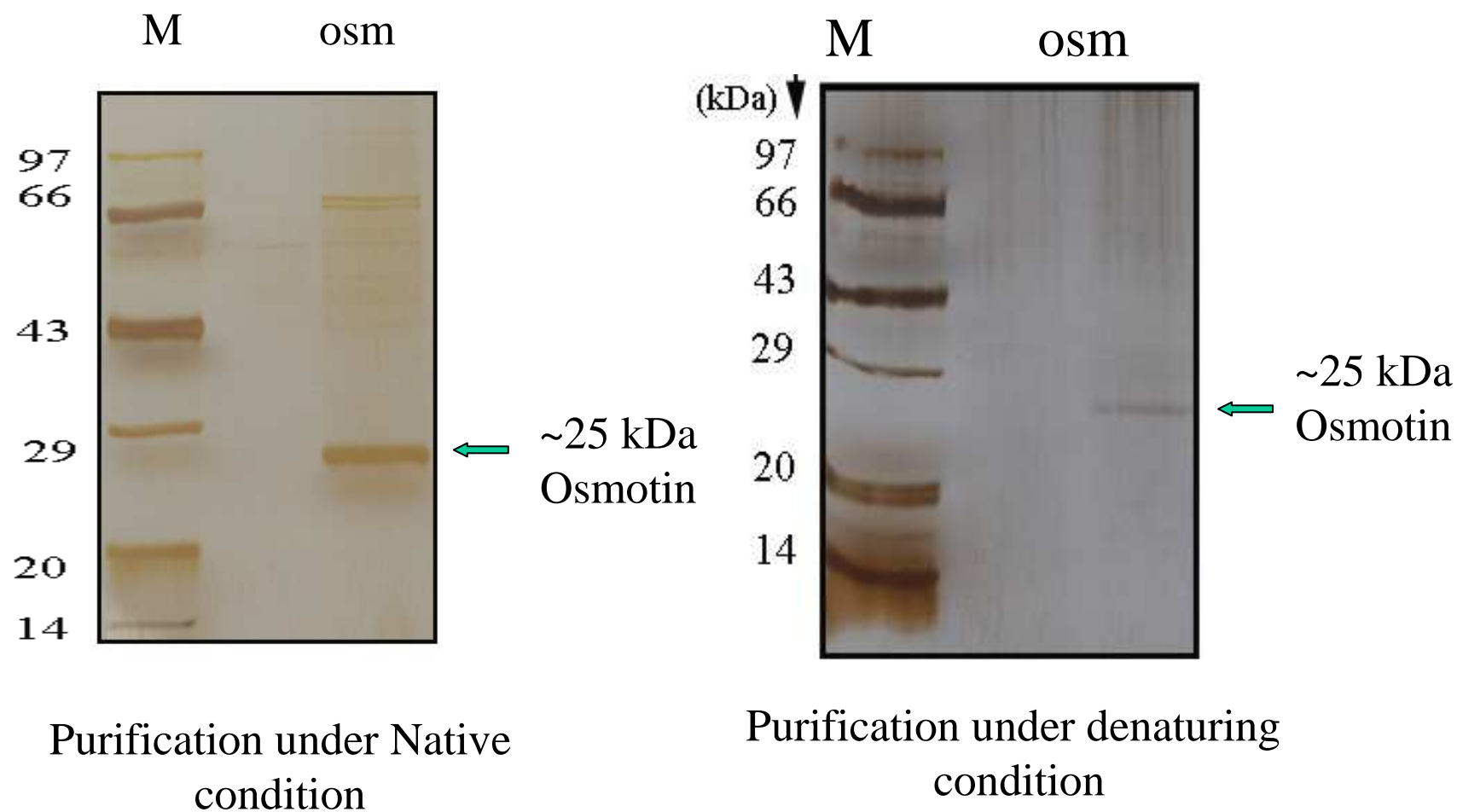
Cloning of osmotin gene



- PCR amplified Osmotin gene
- Source : *Nicotiana tabaccum*

- M) marker
- 1) pET 22b+ vector
- 2) clone 1 digested vector
- 3) clone 2 digested vector
- 4) clone 3 digested vector
- 5) clone 4 digested vector
- 6) Osmotin DNA

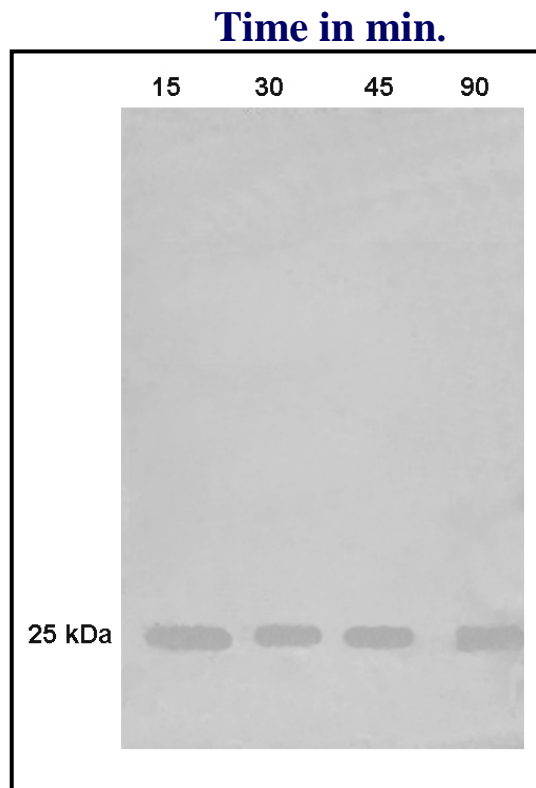
Expression and purification of Osmotin protein



In-vitro studies with purified Osmotin protein



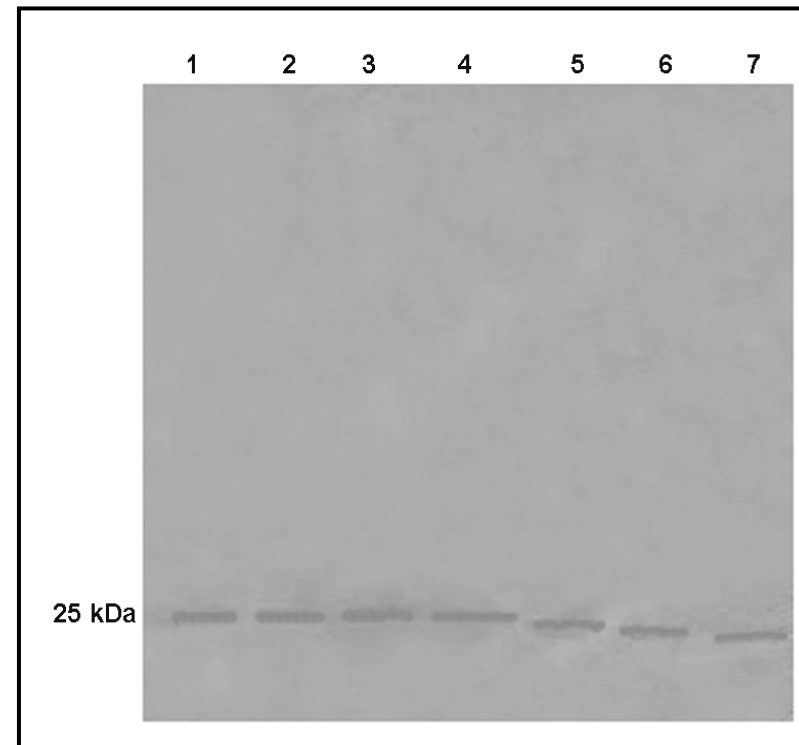
Heat treatment



90°C

Simulated Gastric Fluid Treatment

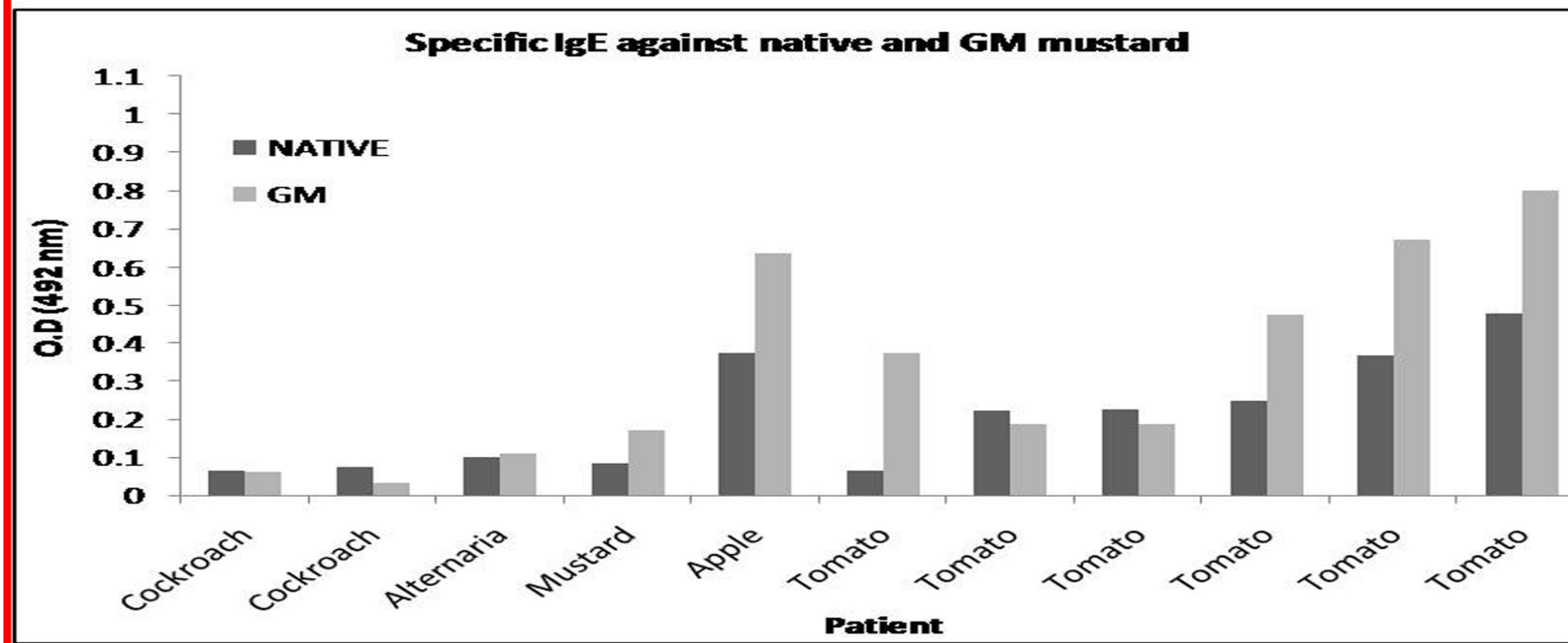
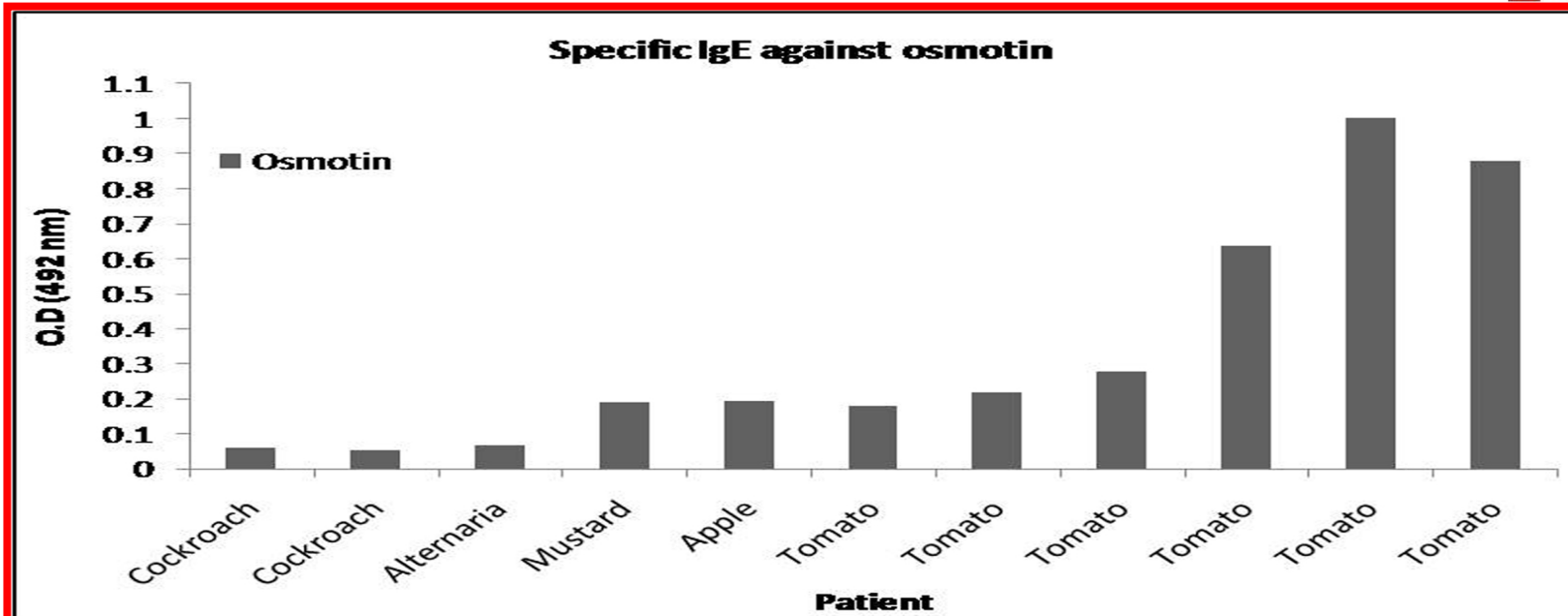
•Time in min.



1 : Osmotin pure;
2-7 : Osmotin + SGF for 0,10, 15, 30, 45 and 60 min.

Western blot with antibodies against osmotin

IgE reactivity of Osmotin against food allergic patients' sera by ELISA



Specific IgE reactivity against osmotin protein in food allergic patients' sera by ELISA.



S.No.	Sample No.	Average O.D.(_{492 nm})
1	U G	0.4325
2	N	0.4855
3	182	0.6065
4	834	0.5265
5	482	0.4985
6	375	0.7805
7	1386	0.5405
8	1406	0.487
9	1328	0.5235
10	1176	0.4665
11	540	0.458
12	300	0.495
13	340(1:5)	0.785
14	1526	0.623
15	1040	0.6875
16	316	0.515
17	464	0.4385
18	343	0.439
19	As	0.302
20	284	0.4515
21	578	0.4515
22	552	0.53
23	Control (-ve)	0.138
24	Control (-ve)	0.175

•117 food allergic patient's sera were screened for specific IgE reactivity by ELISA and 22 patient's sera showed positive reaction against osmotin.

Summary

Osmotin has the properties of an allergen
but more studies are
required to confirm this observation

Health Risks of Genetically Modified Foods

It directly enters Human system

The GM crops give us a way to counter Global Food problem/nutrition

All these demands a proper assessment



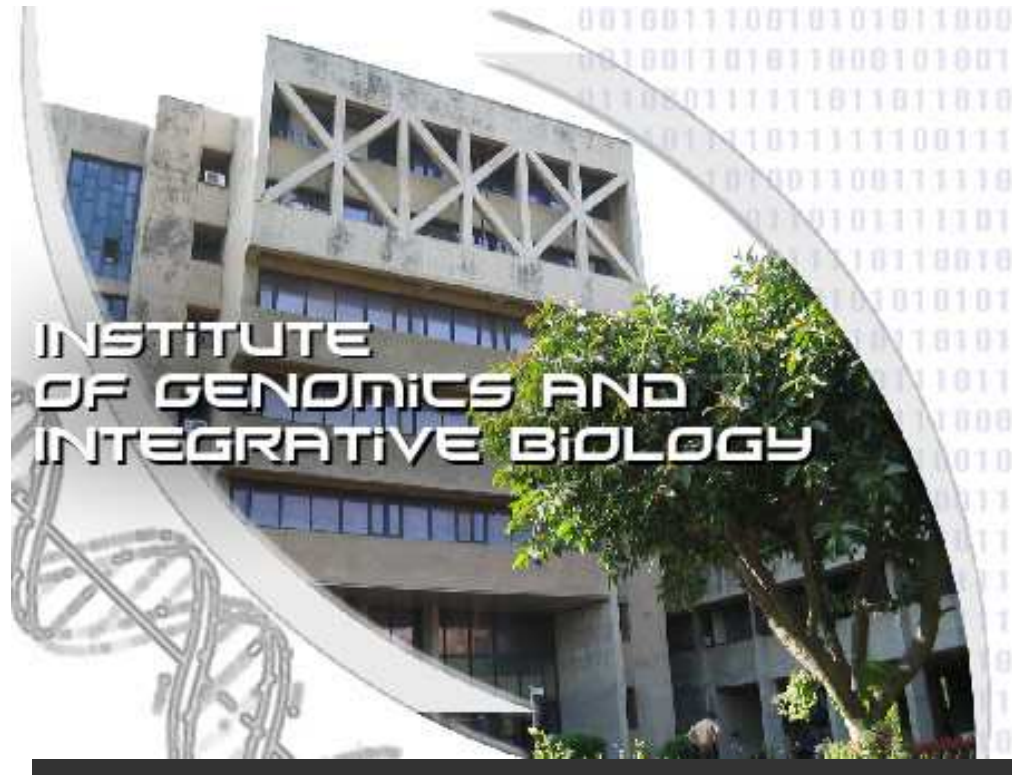
Health Came First
Health Came First



I dont understand! i planted carrots!!

•Acknowledgements

- Dr. B. P. Singh
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- Dr. Dolly Kumari



•IGIB mission "*To translate concepts developed in basic biological research to commercially viable technologies for health care*".

•Thank You

Genetically modified crops under field trial in India

Crop	Trait	Organization
Brinjal	Insect resistance	IARI, MAHYCO, Sungro seeds Pvt. Ltd.
Cabbage	Insect resistance	Sungro seeds Pvt. Ltd.
Cauliflower	Insect resistance	Sungro seeds Pvt. Ltd.
Corn	Insect resistance	Monsanto (India), Metahelix Life science
Cotton	Insect resistance	IARI, MAHYCO along with 20 different Pvt. groups
Ground nut	Virus resistance	ICRISAT
Mustard	Cytoplasmic male sterility	University of Delhi
Okra	Insect resistance	MAHYCO
Pigeon pea	Fungal resistance	ICRISAT
Rice	Fungal, insect resistance	IARI, MAHYCO
Tomato	Insect and viral resistance	MAHYCO, IARI

Source: Department of Biotechnology, INDIA

The Star link Episode

- Starlink corn developed by Aventis Cropsciences, USA
- contained a variant of BT toxin called Cry9C
- many people become ill from eating corn products containing the Cry9C protein.
- resistant to digestion in a laboratory test
- potential for allergenicity

“Star Link Corn is eventually out”

Monarch butterfly death from GM Pollen

- The Monarch Butterfly is the "Bambi of insects"
- GM plants having *cry* gene produce a pollen containing crystalline endotoxin
- Pollens through air reaches milkweed that monarchs larvae feed
- Most of monarch butterflies died and the rest grew to only 50% normal size

“Monarch Butterfly are endangered Now”

GM peas expressing a bean gene

- Developed by CSIRO Australia
- Protection against Pea weevil



Non GM Pea
(Weevil infected)

GM Pea

- bean α -amylase inhibitor gene is expressed in peas.
- Mice exposed to α -amylase inhibitor GM-peas showed immune response.
- inflammation in the lungs and increased serum antibody levels.

The development of GM peas is now stopped

Major uncertainties over the safety of the GM process

- Arpad Pusztai found that **GM potatoes** with snowdrop lectin adversely affected every organ system of young rats & small intestine lining grew up to twice the thickness of controls
- Scientists in Egypt found similar results in the gastrointestinal tract of mice fed **GM potato** with Bt toxin.
- US FDA showed rats fed **GM tomatoes** with antisense gene to delay ripening developed small holes in their stomach.
- Aventis (now Bayer) found 100% increase in deaths of broiler chickens fed **glufosinate-tolerant GM maize** T25 compared to controls.
- Numerous anecdotes indicating that livestock wildlife and lab animals avoid GM feed, and fail to thrive or die when forced to eat it .

•Major uncertainties over the safety of the GM process

- Between 2001 and 2002, twelve dairy cows died on a farm in Hesse, Germany, after eating Syngenta's Bt176 GM maize, and others in the herd had to be slaughtered on account of mysterious illnesses [21]. To-date, there has been no detailed autopsy reports available, even though the company claims the deaths and illnesses were unrelated to Bt176. Nevertheless the Spanish Food Safety Authority has just withdrawn authorisation for Bt176 cultivation in Spain [22] after it had occupied almost all of the 20 000 hectares of GM maize grown in Spain since 1998 [23]. The decision was taken following an EFSA recommendation that GMOs containing antibiotic resistance marker genes such as that found in Bt 176, be restricted to field trials.
- Arpad Pusztai and colleagues found that GM potatoes with snowdrop lectin adversely affected every organ system of young rats, and the stomach and small intestine lining grew up to twice the thickness of controls [24].
- Scientists in Egypt found similar results in the gastrointestinal tract of mice fed GM potato with Bt toxin [25].
- US Food and Drug Administration had data since the early 1990s showing that rats fed GM tomatoes with antisense gene to delay ripening developed small holes in their stomach [24].
- Aventis (now Bayer) found 100% increase in deaths of broiler chickens fed glufosinate-tolerant GM maize T25 compared to controls [26].
- Numerous anecdotes from farmers and others indicating that livestock, wildlife and lab animals avoid GM feed, and fail to thrive or die when forced to eat it [26, 27].

Major GM foods in the market

Crop	Year	Gene Introduced	Intended Effect
Mustard	1992	<i>acyl carrier protein thioesterase</i>	High laurate canola oil
	1997	PAT	Glufosinate herbicide resistance
	2001	<i>epsps</i>	Glyphosate herbicide resistance
Corn	1995	<i>CryIAb</i>	Resistance to European corn borer insect
	1998	DAM	Male sterility
	1998	PAT	Glufosinate herbicide resistance
	1998	<i>Cry 9C</i>	Resistance to lepidopteron insect
	2003	<i>Cry 1F</i>	Resistance to lepidopteron insect
Soybean	1994	<i>epsps</i>	Glyphosate herbicide resistance
	1996	GmFad2-1 gene	High oleic acid